

Clinical Trial Protocol

Iranian Registry of Clinical Trials

11 Sep 2026

The Efficacy oral Terbinafine alone and combined with 20% topical urea in the treatment of Pediatric Dermatophytosis and Prevention of Chronicity and Recurrence. A double-blind Randomized control trail.

Protocol summary

Study aim

To assess the efficacy of topical urea in combination with oral terbinafine for the treatment of childhood dermatophytosis

Design

Randomized control trial

Settings and conduct

Lady reading hospital, Department of pediatrics

Participants/Inclusion and exclusion criteria

inclusion criteria: patient with superficial dermatophytosis between age 2-14 years exclusion criteria:

Intervention groups

1. using terbinafine alone 2. using terbinafine along with topical urea

Main outcome variables

1. Clinical cure 2. prevention of chronicity and recurrence

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20250131064579N1**

Registration date: **2025-03-09, 1403/12/19**

Registration timing: **prospective**

Last update: **2025-03-09, 1403/12/19**

Update count: **0**

Registration date

2025-03-09, 1403/12/19

Registrant information

Name

MUHAMMAD FAHIM

Name of organization / entity

Lady Reading Hospital Peshawar, KPK, Pakistan

Country

Pakistan

Phone

+92 346 5354921

Email address

muhammad.fahmeemyaseen@lrh.edu.pk

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2025-04-01, 1404/01/12

Expected recruitment end date

2025-09-01, 1404/06/10

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Efficacy oral Terbinafine alone and combined with 20% topical urea in the treatment of Pediatric Dermatophytosis and Prevention of Chronicity and Recurrence. A double-blind Randomized control trail.

Public title

keratolytics for dermatophytosis

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

All patients with dermatophytes infection diagnosed on clinical grounds, between age 2-14 and willing to participate in the study.

Exclusion criteria:

Patients with history of any topical or systemic antifungals used for the current infection, patients with diabetes mellitus or any other immunosuppression or

having history of sensitivity to terbinafine or topical urea. Similarly, patients with past or current hepatitis or other liver diseases were considered ineligible for the trial. Finally patients with T.capitis and onychomycosis were not considered due to prolonged treatment regimes

Age

From **2 years** old to **14 years** old

Gender

Both

Phase

N/A

Groups that have been masked

- Participant
- Investigator

Sample size

Target sample size: **140**

Randomization (investigator's opinion)

Randomized

Randomization description

simple randomization with individual patient as unit using technique of sealed envelopes

Blinding (investigator's opinion)

Double blinded

Blinding description

In this trial, participants would be randomly assigned to either group 1 (receiving the terbinafine) or group 2 (receiving topical urea with terbinafine). Both the participants and the clinical staff administering the medication or measuring outcomes would not know which group a participant is in. T

Placebo

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Institutional review board, lady reading hospital

Street address

old city,near bala hisar fort

City

peshawar

Postal code

25100

Approval date

2024-09-04, 1403/06/14

Ethics committee reference number

328/LRH/MTI

Health conditions studied**1****Description of health condition studied**

Dermatophytosis

ICD-10 code**ICD-10 code description****Primary outcomes****1****Description**

Clinical improvement in skin lesions

Timepoint

Followup at weekly intervals and finally at 4thweek

Method of measurement

By assessing the parameters like complete remission(disappearance of all lesions),chronic and recurrent cases in both groups

Secondary outcomes**1****Description**

chronicity and recurrence of dermatophytosis

Timepoint

4 weekly and then finally at 6 months

Method of measurement

clinical assessment of recurrent and chronic cases in both groups

Intervention groups**1****Description**

Intervention group:

Category

Treatment - Drugs

2**Description**

Intervention group:

Category

Treatment - Drugs

Recruitment centers**1****Recruitment center****Name of recruitment center**

Lady reading hospital

Full name of responsible person

Dean, lady reading hospital

Street address

old city ,Peshawar, near bala hisar fort

City
peshawar
Postal code
25100
Phone
+92 91 9211430
Email
hr@lrh.gov.pk

City
peshawar
Province
kpk
Postal code
25100
Phone
+92 302 8124881
Email
mr.aizazurrahman@gmail.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Lady reading hospital
Full name of responsible person
Dean
Street address
Old city,near bala hisar fort
City
Peshawar
Postal code
25100
Phone
+92 91 9211430
Email
hr@lrh.gov.pk
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Lady reading hospital
Proportion provided by this source
100
Public or private sector
Public
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

Name of organization / entity
lady reading hospital
Full name of responsible person
aiza ur rahman
Position
trainee medical officer
Latest degree
Bachelor
Other areas of specialty/work
Pediatrics
Street address
old city near bala hisar fort

Person responsible for scientific inquiries

Contact

Name of organization / entity
Lady reading hospiatl
Full name of responsible person
Muhammad Fahim
Position
Trainee medical officer
Latest degree
Specialist
Other areas of specialty/work
Dermatology
Street address
old city near bala hisar fort
City
peshawar
Province
kpk
Postal code
25100
Phone
+92 346 5354921
Email
clinicaldermatologist@gmail.com

Person responsible for updating data

Contact

Name of organization / entity
lady reading hospital
Full name of responsible person
abdul wasay khan
Position
trainee medical officer
Latest degree
Bachelor
Other areas of specialty/work
Pediatrics
Street address
old city,near bala hisar fort
City
peshawar
Province
kpk
Postal code
25100
Phone
+92 334 9283239
Email

Sharing plan

Deidentified Individual Participant Data Set (IPD)

No - There is not a plan to make this available

Justification/reason for indecision/not sharing IPD

Even with de-identification, there's a risk of re-identification. Patient didnot give consent for sharing the data with third party

Study Protocol

No - There is not a plan to make this available

Statistical Analysis Plan

No - There is not a plan to make this available

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

No - There is not a plan to make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

No - There is not a plan to make this available