

Clinical Trial Protocol

Iranian Registry of Clinical Trials

19 Sep 2026

The effectiveness of the participation promotion program based on self-efficacy theory on the level of loneliness and social activities of the elderly villagers in the city of Beyza in 2017

Protocol summary

Summary

The educational program of social participation, based on self-efficacy theory, is a framework for educational intervention in order to anticipate, improve and recover the behaviors related to loneliness feeling among old people. Material and methods: this is a quasi-experimental study with control group. The intervention was conducted among 240 sixty year-old people or elder than this. The scales of the study consisted of Canadian Community Health Survey (CCHS) and Social Participation questionnaire(UCLA), which the latter one, was based on self-efficacy and made by Rassel et al. The educational intervention was done during five weeks. The interval between pre and post tests was nine weeks as well. The data was analyzed by SPSS (version 19).

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201609217816N10**

Registration date: **2017-05-06, 1396/02/16**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2017-05-06, 1396/02/16

Registrant information

Name

Mahin Nazari

Name of organization / entity

School of health

Country

Iran (Islamic Republic of)

Phone

+98 71 1725 1001

Email address

manazari@sums.ac.ir

Recruitment status

Recruitment complete

Funding source

Shiraz University of Medical Sciences - Vice chancellor for Research and Technology

Expected recruitment start date

2016-05-10, 1395/02/21

Expected recruitment end date

2016-06-11, 1395/03/22

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effectiveness of the participation promotion program based on self-efficacy theory on the level of loneliness and social activities of the elderly villagers in the city of Beyza in 2017

Public title

The effectiveness of the participation promotion program based on self-efficacy theory on the level of loneliness and social activities of the elderly villagers in the city of Beyza in 2017

Purpose

Prevention

Inclusion/Exclusion criteria

The inclusion criteria: having the ability of talking Persian language; hearing power; lacking acute physical and motor diseases especially in walking; having health chart in the health centers; being sixty years old and over it and signing informed consent for participating in the

study.Exclusion criteria: tendency to quit the participation; being absent in more than one session; having experience of grief caused by their relatives death and losing their job within the intervention episode.

Age

From **60 years** old to **80 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **240**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Single blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

School of Public Health

Street address

Shiraz University Of Medical Sciences, Zand Ave. ,
Shiraz, Iran

City

Shiraz

Postal code

7153675541

Approval date

2016-07-17, 1395/04/27

Ethics committee reference number

IR.SUMS.REC.1395.74

Health conditions studied

1

Description of health condition studied

Feeling lonely

ICD-10 code

Z60.4

ICD-10 code description

Social exclusion and rejection

Primary outcomes

1

Description

Feeling lonely

Timepoint

One week before intervention- one month after intervention

Method of measurement

Questionnaire

Secondary outcomes

1

Description

Social participation

Timepoint

One week before intervention- one month after intervention

Method of measurement

Questionnaire

Intervention groups

1

Description

Intervention: the Group for 5 sessions for an hour about how to increase social participation and reduce feelings of loneliness will be trained .

Category

Lifestyle

2

Description

In control group was not intervention performed.

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Bayda city

Full name of responsible person

Bayda-Village koshkhezar

Street address

City

Bayda

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shiraz University of Medical Sciences
Full name of responsible person
 Gholamreza Hatam
Street address
 Shiraz University Of Medical Sciences, Zand St.,
 Shiraz, Iran
City
 Shiraz
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
 Yes
Title of funding source
 Shiraz University of Medical Sciences
Proportion provided by this source
 100
Public or private sector
 empty
Domestic or foreign origin
 empty
Category of foreign source of funding
 empty
Country of origin
Type of organization providing the funding
 empty

Person responsible for general inquiries

Contact

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty