Clinical Trial Protocol
Iranian Registry of Clinical Trials

08 Nov 2026

The Effect Of Narrative Writing On Moral Disteress Among Nurses Staffs Of Intensive Care Units Affliated To Teaching Hospital Of Golestan University Medical Science In 2015

Protocol summary

Summary

The aim of this research is study the effect of narrative writing on moral distress among nurses staff of intensive care units of Golestan University of Medical Sciences. This is a double blinded clinical trail with before and after groups. One hundred and twenty nurses of intensive care unites of teaching hospitals affiliated to Golestan University of Medical Services will participate in the study. Inclusion criteria are at least six months work experience in intensive care unit, having bachelor or master degree in nursing. The nurses will invite to attend in a orientation meeting to be informed about the process of research work. The data will collected with moral distress questionnaire before intervention, after one month narrative writing and also for third time at the end of study.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201408137821N12**
Registration date: **2015-02-16, 1393/11/27**
Registration timing: **prospective**

Last update:
Update count: **0**

Registration date

2015-02-16, 1393/11/27

Registrant information

Name

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Name of organization / entity

Golestan University of Medical Sciences

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Recruitment status

Recruitment complete

Funding source

Deputy of Research and Technology University of Medical Sciences

Expected recruitment start date

2015-02-20, 1393/12/01

Expected recruitment end date

2015-04-20, 1394/01/31

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect Of Narrative Writing On Moral Disteress Among Nurses Staffs Of Intensive Care Units Affliated To Teaching Hospital Of Golestan University Medical Science In 2015

Public title

The Effect Of Narrative Writing On Moral Disteress Among Nurses Staff

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria : At least six months experience in the intensive care unit ; Bachelor or Master Degree in Nursing ; Absence of acute stress problem in the last six months ; Non-use of drugs associated with psychotic disorders in the past six months . exclusion criteria : Leave work to other parts of the intensive care unit ; The

problem of acute stress (death of a spouse, father .....) during the study .

Age
No age limit

Gender
Both

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **120**

Randomization (investigator's opinion)
N/A

Randomization description

Blinding (investigator's opinion)
Double blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Ethical Committee Golestan University of Medical Sciences

Street address
Golestan University of Medical Sciences ,Shastkola

City
Gorgan

Postal code

Approval date
2015-01-11, 1393/10/21

Ethics committee reference number
2518169312122

Health conditions studied

1

Description of health condition studied
Moral Distress

ICD-10 code
F60.3

ICD-10 code description
Emotionally unstable personality disorder

Primary outcomes

1

Description
Moral Distress

Timepoint
Beginning of the study , end of the first month And the end of the second month

Method of measurement
Moral Distress questionnaire

Secondary outcomes

1

Description
Stress and Anxiety

Timepoint
Beginning of the study , end of the first month And the end of the second month

Method of measurement
Beck questionnaire

Intervention groups

1

Description
Intervention group: The participants will asked to write at least once a clinical narrative. They will receive a notebook which is designed for this purpose. They should write about their emotions, thoughts , the worse ethical experiences, the hard moments, the bad behaviors, clinical decisions, during clinical work in intensive care unit

Category
Prevention

2

Description
Moral distress questionnaire completed by the participants on the first day and then again at the end of the first 4 weeks of completing the questionnaire moral distress

Category
Other

Recruitment centers

1

Recruitment center

Name of recruitment center
Panj-e-Azar Teaching Hospital Golestan University of Medical Sciences

Full name of responsible person
Smat Saeedi

Street address
5 AZAR Hospital ,5 AZAR Street

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2

Recruitment center
Name of recruitment center
Saiyad Teaching Hospital Golestan University of Medical Sciences
Full name of responsible person
Smat Saeedi
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Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Deputy of Research & Technology, Golestan University of Medical Sciences
Full name of responsible person
Dr Masood Khoshnya
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Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Deputy of Research & Technology, Golestan University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty