

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Sep 2026

The Effect Of Narrative Writing On Moral Disteress Among Nurses Staffs Of Intensive Care Units Affiliated To Teaching Hospital Of Golestan University Medical Science In 2015

Protocol summary

Summary

The aim of this research is study the effect of narrative writing on moral distress among nurses staff of intensive care units of Golestan University of Medical Sciences. This is a double blinded clinical trial with before and after groups. One hundred and twenty nurses of intensive care units of teaching hospitals affiliated to Golestan University of Medical Services will participate in the study. Inclusion criteria are at least six months work experience in intensive care unit, having bachelor or master degree in nursing. The nurses will invite to attend in a orientation meeting to be informed about the process of research work. The data will collected with moral distress questionnaire before intervention, after one month narrative writing and also for third time at the end of study.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201408137821N12**
Registration date: **2015-02-16, 1393/11/27**
Registration timing: **prospective**

Last update:

Update count: **0**

Registration date

2015-02-16, 1393/11/27

Registrant information

Name

Leila Mahasti Jouybari

Name of organization / entity

Golestan University of Medical Sciences

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Recruitment status

Recruitment complete

Funding source

Deputy of Research and Technology University of Medical Sciences

Expected recruitment start date

2015-02-20, 1393/12/01

Expected recruitment end date

2015-04-20, 1394/01/31

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The Effect Of Narrative Writing On Moral Disteress Among Nurses Staffs Of Intensive Care Units Affiliated To Teaching Hospital Of Golestan University Medical Science In 2015

Public title

The Effect Of Narrative Writing On Moral Disteress Among Nurses Staff

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria : At least six months experience in the intensive care unit ; Bachelor or Master Degree in Nursing ; Absence of acute stress problem in the last six months ; Non-use of drugs associated with psychotic disorders in the past six months . exclusion criteria : Leave work to other parts of the intensive care unit ; The

problem of acute stress (death of a spouse, father)
during the study .

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 120

Randomization (investigator's opinion)

N/A

Randomization description**Blinding (investigator's opinion)**

Double blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethical Committee Golestan University of Medical
Sciences

Street address

Golestan University of Medical Sciences ,Shastkola

City

Gorgan

Postal code**Approval date**

2015-01-11, 1393/10/21

Ethics committee reference number

2518169312122

Health conditions studied**1****Description of health condition studied**

Moral Distress

ICD-10 code

F60.3

ICD-10 code description

Emotionally unstable personality disorder

Primary outcomes**1****Description**

Moral Distress

Timepoint

Beginning of the study , end of the first month And the
end of the second month

Method of measurement

Moral Distress questionnaire

Secondary outcomes**1****Description**

Stress and Anxiety

Timepoint

Beginning of the study , end of the first month And the
end of the second month

Method of measurement

Beck questionnaire

Intervention groups**1****Description**

Intervention group: The participants will asked to write at
least once a clinical narrative. They will receive a
notebook which is designed for this purpose. They should
write about their emotions, thoughts , the worse ethical
experiences, the hard moments, the bad behaviors,
clinical decisions, during clinical work in intensive care
unit

Category

Prevention

2**Description**

Moral distress questionnaire completed by the
participants on the first day and then again at the end of
the first 4 weeks of completing the questionnaire moral
distress

Category

Other

Recruitment centers**1****Recruitment center****Name of recruitment center**

Panj-e-Azar Teaching Hospital Golestan University of
Medical Sciences

Full name of responsible person

Smat Saeedi

Street address

5 AZAR Hospital ,5 AZAR Street

City

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2

Recruitment center

Name of recruitment center

Saiyad Teaching Hospital Golestan University of Medical Sciences

Full name of responsible person

Smat Saeedi

Street address

Saiyad Hospital , Saiyad Street

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Deputy of Research & Technology, Golestan University of Medical Sciences

Full name of responsible person

Dr Masood Khoshnya

Street address

Deputy of Research & Technology, Golestan University of Medical Sciences , Shastkola

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Deputy of Research & Technology, Golestan University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Golestan University of Medical Sciences

Full name of responsible person

Smat Saeedi

Position

Ms Student of Critical Nursing Care

Other areas of specialty/work

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Person responsible for scientific inquiries

Contact

Name of organization / entity

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Position

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty