

Clinical Trial Protocol

Iranian Registry of Clinical Trials

11 Sep 2026

Efficacy and Safety Study of Fixed Dose Combination Tablet of Iron Polymaltose and Folic Acid (Tablet Irpo- FA®) in Pregnant Women with Iron Deficiency Anaemia.

Protocol summary

Summary

Objective: To evaluate safety and effectiveness of Test Product; irpo-FA Tablets in Pregnant women with iron deficiency Anemia. Inclusion Criteria: Pregnant Women in second or third trimester or after 12 weeks of pregnancy, Hb: ≤ 10 . 5g/dl after first trimester and serum ferritin levels are below than normal (less than 35 $\mu\text{g/l}$) Exclusion Criteria: Patient with a history of non-compliance with iron therapy or allergic to iron preparation. Study Population: Pregnant Women Sample Size: 50 subjects Intervention: Irpo-Fa ® Iron(III)Hydroxide Polymaltose 100mg; Elemental Iron Folic Acid 0.5 mg, Main Outcomes measures: Increase in Hb level at 2 weeks, 1 month, 2 months and three months after initiation of oral iron therapy, Correction in anaemia within or on completion of three months of treatment.

General information

Acronym

None

IRCT registration information

IRCT registration number: **IRCT201610197978N3**

Registration date: **2016-10-31, 1395/08/10**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2016-10-31, 1395/08/10

Registrant information

Name

Tasneem Ahmad

Name of organization / entity

Pharma Professional Services, Karachi, Pakistan

Country

Pakistan

Phone

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Recruitment status

Recruitment complete

Funding source

Pharmaceutical Company

Expected recruitment start date

2015-04-15, 1394/01/26

Expected recruitment end date

2016-01-18, 1394/10/28

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Efficacy and Safety Study of Fixed Dose Combination Tablet of Iron Polymaltose and Folic Acid (Tablet Irpo- FA®) in Pregnant Women with Iron Deficiency Anaemia.

Public title

Efficacy and Safety Study Tablet (Irpo- FA®) in Pregnant Women

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion Criteria: Pregnant Women in second or third trimester or after 12 weeks of pregnancy, Hb: ≤ 10 . 5g/dl after first trimester and serum ferritin levels are below than normal (less than 35 $\mu\text{g/l}$) Exclusion Criteria: Patient with a history of non-compliance with iron therapy or allergic to iron preparation.

Age

From **18 years** old to **40 years** old

Gender

Female

Phase

4

Groups that have been masked

No information

Sample size

Target sample size: **50**

Randomization (investigator's opinion)

N/A

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Single

Other design features

Single arm, Open label study

Secondary Ids

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics Committee of Jinnah Post Graduate Medical
Centre

Street address

Rafiqi Shaheed Road, Jinnah Post Graduate Medical
Centre

City

karachi

Postal code

75510

Approval date

2015-02-14, 1393/11/25

Ethics committee reference number

NO.F.2-81/2015-GENL/11128/JPMC

Health conditions studied**1****Description of health condition studied**

Iron Deficiency & Folic acid Deficiency anemia

ICD-10 code

D-50 & D-5

ICD-10 code description

Iron deficiency anaemia, unspecified & Folate deficiency
anaemia, unspecified

Primary outcomes**1****Description**

Increase of 1g/dl Hb with 100-200mg/day elemental iron

Timepoint

2 weeks, 1 month, 2 months and three months after
initiation of oral iron therapy

Method of measurement

C. B. C, Ferritin, iron profile tests

Secondary outcomes**1****Description**

Gastrointestinal adverse events

Timepoint

At every visit and Follow up checkups

Method of measurement

Patient monitoring & Follow up calls to patients

Intervention groups**1****Description**

Each patient received irpo-FA (combination tablet of Iron
Polymaltose (100mg elemental iron) & 0.35 mg folic acid
oral tablets O. D, following the instructions as chew the
tablets on empty stomach, 1 hour before or after meal
for 3 months as prescribed by the doctor.

Category

Treatment - Drugs

Recruitment centers**1****Recruitment center****Name of recruitment center**

Jinnah Postgraduate Medical Centre (JPMC)

Full name of responsible person

Dr. Haleema Yasmeen

Street address

Department of Gynecology, Jinnah Postgraduate
Medical Centre (JPMC)

City

Karachi

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Nabiqasim Industries (Pvt) Ltd.

Full name of responsible person

Mohammad Younus Batla

Street address

510, 5th floor, commerce center, Hasrat Mohani Road

City

Karachi.

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Nabiqasim Industries (Pvt) Ltd.

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Nabiqasim Industries (Pvt) Ltd.

Full name of responsible person

Salman Rahim

Position

Assistant Manager Regulatory Affairs.

Other areas of specialty/work

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Person responsible for scientific inquiries

Contact

Name of organization / entity

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Assistant Professor

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Person responsible for updating data

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Full name of responsible person

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Chief Investigator

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty