

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

25 Jun 2026

### Comparison of intravenous morphine with morphine plus Pregabalin in trauma patients with extremities' fracture and severe pain

#### Protocol summary

##### Summary

Objectives: Pain management is one of the major tasks of any emergency department. Finding a way to better control of pain can result in decreasing staff workload and increasing patient's satisfaction. Design: This is a double blind randomized placebo controlled clinical trial. Setting: This study will be conducted in 3 university hospital emergency departments with 120000 overall annual census. Participant: In this study trauma patients with extremity fracture and verbal numerical pain score (VNRS) more than six between 15 and 60 years old who need admission will be approached. Those with history of addiction, distracting injury and any contraindication to morphine or pregabalin will be excluded. Intervention: They will be divided into two groups. First group will receive morphine 5 mg with placebo and second group will receive morphine 5 mg and pregabalin 300 mg. Main outcome measures: VNRS and side effects will be recorded in 0-10-30-60 minutes and after that every hour to 6 hours. After 30 minutes if VNRS is above 4, patient will receive rescue dose of morphine 5mg. Total 24 hour morphine doses will be recorded. At the end we will compare VNRS, need to rescue analgesic, side effects and total 24 hour morphine use in these groups.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT201412198104N10**  
Registration date: **2015-01-25, 1393/11/05**  
Registration timing: **prospective**

Last update:

Update count: **0**

##### Registration date

2015-01-25, 1393/11/05

#### Registrant information

##### Name

Mohammad Amin Zare

##### Name of organization / entity

Iran University of Medical Sciences

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 6652 5327

##### Email address

ma-zare@sina.tums.ac.ir

#### Recruitment status

##### Recruitment complete

#### Funding source

Investigator

#### Expected recruitment start date

2015-01-30, 1393/11/10

#### Expected recruitment end date

2015-03-20, 1393/12/29

#### Actual recruitment start date

empty

#### Actual recruitment end date

empty

#### Trial completion date

empty

#### Scientific title

Comparison of intravenous morphine with morphine plus Pregabalin in trauma patients with extremities' fracture and severe pain

#### Public title

Pregabalin in trauma pain control

#### Purpose

Treatment

#### Inclusion/Exclusion criteria

Inclusion Criteria: Trauma patients with extremity fracture; Verbal Numeric pain score more than 6; Age between 15 or 60 Exclusion Criteria Addiction; Any contraindication for morphine or Pregabalin; Any other

distracting injury; Inability to cooperate

#### Age

From **15 years** old to **60 years** old

#### Gender

Both

#### Phase

2-3

#### Groups that have been masked

*No information*

#### Sample size

Target sample size: **150**

#### Randomization (investigator's opinion)

Randomized

#### Randomization description

#### Blinding (investigator's opinion)

Double blinded

#### Blinding description

#### Placebo

Used

#### Assignment

Parallel

#### Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Iran University of Medical Sciences' Ethics committee

##### Street address

Hemmat Highway, Cross with Sheikh Fazlollah Highway

##### City

Tehran

##### Postal code

#### Approval date

2014-11-12, 1393/08/21

#### Ethics committee reference number

93/d/105/3390

## Health conditions studied

### 1

#### Description of health condition studied

Pain in extrimity fracture

#### ICD-10 code

XIX

#### ICD-10 code description

Injury, poisoning and certain other consequences of external causes

## Primary outcomes

### 1

#### Description

Severity of pain

#### Timepoint

0-10 minutes-30 minutes- 1 hour- 6 hours- 12 hours- 18 hours and 24 hours after intervention.

#### Method of measurement

Using Verbal Numerical Rating Scale (VNRS)

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

Intervention group receive morphine 5mg and pregabalin 300mg

#### Category

Treatment - Drugs

### 2

#### Description

Control group will receive morphine 5 mg and placebo.

#### Category

Treatment - Drugs

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Rasoul Akram hospital

##### Full name of responsible person

Mohammad Amin Zare

##### Street address

Niyayesh St, Sattarkhan Ave

##### City

Tehran

### 2

#### Recruitment center

##### Name of recruitment center

7th Tir Martyrs Hospital

##### Full name of responsible person

Mohammad Amin Zare

##### Street address

Shahid Radjaji Blvd.

##### City

Tehran

### 3

#### Recruitment center

##### Name of recruitment center

Firouzgar hospital

##### Full name of responsible person

Mohammad Amin Zare

**Street address**

Vali Asr Sq. Beh Afarid Ave.

**City**

Tehran

## Sponsors / Funding sources

### 1

**Sponsor**

**Name of organization / entity**

Vice Chancellorfor Research; Iran University of Medical Sciences

**Full name of responsible person**

Mohammad Amin Zare

**Street address**

Sattarkhan Ave, Niyayesh St

**City**

Tehran

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Vice Chancellorfor Research; Iran University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

*empty*

**Domestic or foreign origin**

*empty*

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

*empty*

## Person responsible for general inquiries

**Contact**

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Iran University of Medical Sciences

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**Position**

Assistant Professor

**Other areas of specialty/work**

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## Person responsible for updating data

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*

**Analytic Code**

*empty*

**Data Dictionary**

*empty*