

Clinical Trial Protocol

Iranian Registry of Clinical Trials

18 Jun 2026

Comparison of effectiveness of positive parenting program on parenting style, unplesure affects, child-parent relationship and child behavior problems on mothers of Attention deficit hyperactivity disorder with Seperation anexiety disorder children

Protocol summary

Summary

Objective of study: This study is designed for comparision of effectiveness of positive parenting program on parenting style, unplesure affects, child-parent relationship and child behavior problems on mothers of Attention deficit hyperactivity disorder with Seperation anexiety disorder children. Design of the study: Randomized, experimental and control groups, pretest and posttest. Setting and conduct of study: Before starting the intervention, pretests about Parenting skills, maternal unplesure affects, mother-child relationship and children's behavioral problems were evaluated. Then Both groups will get positive parenting program including 180 minutes group sessions for five weeks and 15-30 minutes telephone contacts for three weeks. At the end of the program, posttests will complete. a) Participants: Inclusion criteria: The child had received diagnosis of ADHD or SAD by both, a child and adolescent psychiatrist and an interview based on DSM-IV by clinical psychologist; the target child was between 6 and 10 years of age (early school age); at least 7 grades education in mother; family was interested in participation in this intervention. Exclusion criteria: Having psychotherapy by child now; having psychotherapy by mother now ; taking new medication or any change in dosage or type of drug in the last month by child for psychological problems; taking new medication or any change in dosage or type of drug in the last month by mother for psychological problems; participating in positive parenting program by parents before; comorbidity of ADHD and SAD; having criteria of psychotic disorders, pervasive developmental disorders, mental retardation and brain injuries in child based on diagnosis of child and adolescent psychiatrist and researcher based on an clinical interview based on DSM-IV. sampels: Fifteen mothers with ADHD children and 15

mothers of SAD children will assigne in to two groups. b) Intervention or interventions in the study: positive parenting program is including 180 minutes group sessions for five weeks and 15-30 minutes telephone contacts for three weeks. c) Duration of intervention: Two months. d) Main outcomein this study: parenting style, unplesure affects, child-parent relationship and child behavior problems

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201111288234N1**

Registration date: **2012-08-06, 1391/05/16**

Registration timing: **prospective**

Last update:

Update count: **0**

Registration date

2012-08-06, 1391/05/16

Registrant information

Name

Asma Aghebati

Name of organization / entity

Tehran University of Medical Siences

Country

Iran (Islamic Republic of)

Phone

+98 21 8890 5961

Email address

asma.aghebati@gmail.com

Recruitment status

Recruitment complete

Funding source

Tehran University of Medical Siences

Expected recruitment start date

2012-08-22, 1391/06/01

Expected recruitment end date

2012-10-22, 1391/08/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparison of effectiveness of positive parenting program on parenting style, unplesure affects, child-parent relationship and child behavior problems on mothers of Attention deficit hyperactivity disorder with Seperation anxiety disorder children

Public title

Comparison of effectiveness of positive parenting program on parenting style, unplesure affects, child-parent relationship and child behavior problems on mothers of Attention deficit hyperactivity disorder with Seperation anxiety disorder children

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: The child had received diagnosis of ADHD or SAD by both, a child and adolescent psychiatrist and an interview based on DSM-IV by clinical psychologist; the target child was between 6 and 10 years of age (early school age); at least 7 grades education in mother; family was interested in participation in this intervention. Exclusion criteria: Having psychotherapy by child now; having psychotherapy by mother now ; taking new medication or any change in dosage or type of drug in the last month by child for psychological problems; taking new medication or any change in dosage or type of drug in the last month by mother for psychological problems; participating in positive parenting program by parents before; comorbidity of ADHD and SAD; having criteria of psychotic disorders, pervasive developmental disorders, mental retardation and brain injuries in child based on diagnosis of child and adolescent psychiatrist and researcher based on an clinical interview based on DSM-IV.

Age

No age limit

Gender

Female

Phase

N/A

Groups that have been masked*No information***Sample size**Target sample size: **30****Randomization (investigator's opinion)**

Randomized

Randomization description**Blinding (investigator's opinion)**

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Tehran University of Medical Siences

Street address

Tehran Psychiatric Inestitue, Niaiesh street, Satarkhan street, Tehran.

City

Tehran

Postal code**Approval date**

2011-08-01, 1390/05/10

Ethics committee reference number

706/130/90/s

Health conditions studied**1****Description of health condition studied**

Attention Deficit Hyperactivity Disorders

ICD-10 code

F90.0

ICD-10 code description

Hyperkinetic Disorder

2**Description of health condition studied**

Seperation Anxiety Disorders

ICD-10 code

F93.0

ICD-10 code description

Seperation Anxiety Disorders

Primary outcomes**1****Description**

Parenting Skills

Timepoint

Before the interventionand, after the intervention

Method of measurement

Parenting Style Scale

2

Description

Depression, Anxiety and Stress

Timepoint

Before the intervention, after the intervention

Method of measurement

Depression, Anxiety and Stress Scale

3

Description

Child Parent Relationship

Timepoint

Before the intervention, after the intervention

Method of measurement

Parenting Bonding Scale

4

Description

Children's behavioral problems

Timepoint

Before the intervention, after the intervention

Method of measurement

Child Behaviour Checklist

Secondary outcomes

1

Description

Satisfaction of program

Timepoint

After the intervention

Method of measurement

Satisfaction Client Questionnaire

Intervention groups

1

Description

Positive parenting program will be used for the experimental group. It includes 180 minutes of group sessions for five weeks and 15-30 minutes of telephone contacts for three weeks.

Category

Behavior

2

Description

Positive parenting program will be used for the control group. It includes 180 minutes of group sessions for five weeks and 15-30 minutes of telephone contacts for three weeks.

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Tehran Psychiatric Institute

Full name of responsible person

Mitra Hakim Shoshtari (Child and adolescent psychiatrist, assistant professor)

Street address

Tehran Psychiatric Institute, Niaesh street, Satarkhan street, Tehran.

City

Tehran

2

Recruitment center

Name of recruitment center

Ali Asghar Children Hospital

Full name of responsible person

Mitra Hakim Shoshtari

Street address

Ali Asghar Children Hospital, Zafar, Tehran.

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice chancellor for research, Tehran University of Medical Sciences

Full name of responsible person

Dr. Akbar Fotouhi

Street address

Tehran University of Medical Sciences

City

Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice chancellor for research, Tehran University of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity
Tehran University of Medical Sciences

Full name of responsible person
Asma Aghebati

Position
PhD student of Clinical Psychology

Other areas of specialty/work

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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty