Clinical Trial Protocol
Iranian Registry of Clinical Trials

18 Sep 2026

Comparision of effectiveness of positive parenting program on parenting style, unplesure affects, child-parent relationship and child bihavior problems on mothers of Attention deficit hyperactivity disorder with Seperation anexiety disorder children

Protocol summary

Summary

Objective of study: This study is designed for comparision of effectiveness of positive parenting program on parenting style, unplesure affects, child-parent relationship and child bihavior problems on mothers of Attention deficit hyperactivity disorder with Seperation anexiety disorder children. Design of the study: Randomized, experimental and control groups, pretest and postest. Setting and conduct of study: Before starting the intervention, pretests about Parenting skills, maternal unplesure affects, mother-child relationship and children's behavioral problems were evaluated. Then Both groups will get positive parenting program including 180 minutes group sessions for five weeks and 15-30 minutes telephone contacts for three weeks. At the end of the program, posttests will complete. a) Participants: Inclusion criteria: The child had received diagnosis of ADHD or SAD by both, a child and adolescent psychiatrist and an interview based on DSM-IV by clinical psychologist; the target child was between 6 and 10 years of age (early school age); at least 7 grades education in mother; family was interested in participation in this intervention. Exclusion criteria: Having psychotherapy by child now; having psychotherapy by mother now ; taking new medication or any chenge in dosage or type of drug in the last month by child for psychological problems; taking new medication or any chenge in dosage or type of drug in the last month by mother for psychological problems; participating in positive parenting program by parents before; comorbidity of ADHD and SAD; having criteria of psychotic disorders, pervasive developmental disorders, mental retardation and brain injuries in child based on diagnosis of child and adolescent psychiatrist and researcher based on an clinical interview based on DSM-IV. sampels: Fifteen mothers with ADHD children and 15 mothers of SAD children will assigne in to two groups. b) Intervention or interventions in the study: positive parenting program is including 180 minutes group sessions for five weeks and 15-30 minutes telephone contacts for three weeks. c) Duration of intervention: Two months. d) Main outcomein this study: parenting style, unplesure affects, child-parent relationship and child bihavior problems

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201111288234N1**
Registration date: **2012-08-06, 1391/05/16**
Registration timing: **prospective**

Last update:
Update count: **0**

Registration date

2012-08-06, 1391/05/16

Registrant information

Name
Asma Aghebati
Name of organization / entity
Tehran University of Medical Siences
Country
Iran (Islamic Republic of)
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Recruitment status

Recruitment complete

Funding source

Tehran University of Medical Siences

Expected recruitment start date
2012-08-22, 1391/06/01
Expected recruitment end date
2012-10-22, 1391/08/01
Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty

Scientific title
Comparision of effectiveness of positive parenting program on parenting style, unplesure affects, child-parent relationship and child bihavior problems on mothers of Attention deficit hyperactivity disorder with Seperation anexiety disorder children

Public title
Comparision of effectiveness of positive parenting program on parenting style, unplesure affects, child-parent relationship and child bihavior problems on mothers of Attention deficit hyperactivity disorder with Seperation anexiety disorder children
Purpose
Treatment
Inclusion/Exclusion criteria
Inclusion criteria: The child had received diagnosis of ADHD or SAD by both, a child and adolescent psychiatrist and an interview based on DSM-IV by clinical psychologist; the target child was between 6 and 10 years of age (early school age); at least 7 grades education in mother; family was interested in participation in this intervention. Exclusion criteria: Having psychotherapy by child now; having psychotherapy by mother now ; taking new medication or any chenge in dosage or type of drug in the last month by child for psychological problems; taking new medication or any chenge in dosage or type of drug in the last month by mother for psychological problems; participating in positive parenting program by parents before; comorbidity of ADHD and SAD; having criteria of psychotic disorders, pervasive developmental disorders, mental retardation and brain injuries in child based on diagnosis of child and adolescent psychiatrist and researcher based on an clinical interview based on DSM-IV.
Age
No age limit
Gender
Female

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **30**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Tehran University of Medical Siences
Street address
Tehran Psychiatric Inestitue, Niaiesh street, Satarkhan streeet, Tehran.
City
Tehran
Postal code
Approval date
2011-08-01, 1390/05/10
Ethics committee reference number
706/130/90/د

Health conditions studied

1

Description of health condition studied
Attention Deficit Hyperactivity Disorders
ICD-10 code
F90.0
ICD-10 code description
Hyperkinetic Disorder

2

Description of health condition studied
Sepration Anexiety Disorders
ICD-10 code
F93.0
ICD-10 code description
Sepration Anexiety Disorders

Primary outcomes

1

Description
Parenting Skills
Timepoint
Before the interventionand, after the intervention
Method of measurement
Parenting Style Scale

2

Description
Depression, Anexiety and Sterss
Timepoint
Before the intervention, after the intervention
Method of measurement
Depression, Anexiety and Sterss Scale

3

Description
Child Parent Relationship
Timepoint
Before the intervention, after the intervention
Method of measurement
Parenting Bounding Scale

4

Description
Childs' behavioral problems
Timepoint
Before the intervention, after the intervention
Method of measurement
Child Behaviour Checklist

Secondary outcomes

1

Description
Saticfaction of program
Timepoint
After the intervention
Method of measurement
Saticfaction Client Questionnare

Intervention groups

1

Description
Positive parenting program will use for exprimental gruop. It includes180 minutes group sessions for five weeks and 15-30 minutes telephone contacts for three weeks.
Category
Behavior

2

Description
Positive parenting program will use for control gruop. It includes180 minutes group sessions for five weeks and 15-30 minutes telephone contacts for three weeks.
Category
Behavior

Recruitment centers

1

Recruitment center
Name of recruitment center
Tehran Psychiatric Inestitue
Full name of responsible person
Mitra Hakim Shoshtrri (Child and adolescent psychiatrist, assistant professor)
Street address
Tehran Psychiatric Inestitue, Niaiesh street, Satarkhan street, Tehran.
City
Tehran

2

Recruitment center
Name of recruitment center
Ali Asghar Children Hospital
Full name of responsible person
Mitra Hakim Shoshtari
Street address
Ali Asghar Children Hospital, Zafar, Tehran.
City
Tehran

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Vice chancellor for reseach, Tehran University of Medical Sciences
Full name of responsible person
Dr. Akbar Fotouhi
Street address
Tehran University of Medical Sciences
City
Tehran
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Vice chancellor for reseach, Tehran University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
Tehran University of Medical Siences
Full name of responsible person
Asma Aghebati
Position
PhD student of Clinical Psychology
Other areas of specialty/work
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Person responsible for scientific inquiries

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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty