

Clinical Trial Protocol

Iranian Registry of Clinical Trials

27 Jul 2026

Multicenter, Randomized, Allocation-Concealed, Assessor-Blinded Trial of Three H. pylori Eradication Regimens in Iranian Patients

Protocol summary

Study aim

To compare the clinical effectiveness of three Helicobacter pylori eradication regimens in Iranian adults

Design

Multicenter, Randomized, Allocation-Concealed, Assessor-Blinded Trial of Three H. pylori Eradication Regimens in 1230 Iranian Patients

Settings and conduct

Patients with H.pylori infection who visit one of the 13 study centers during the study will receive (if eligible)treatment packages according to a random code assigned by the website

Participants/Inclusion and exclusion criteria

Inclusion criteria: Adult patients with Indications for H. pylori treatment Exclusion criteria: Previous treatment, Use of Antibiotics or bismuth 4 weeks or PPIs 2 weeks prior, Gastric surgery, Cancer or severe systemic disease, Known Allergy, Pregnancy or lactation

Intervention groups

Intervention Group 1: The optimized bismuth quadruple regimen for 14 days: 1- Esomeprazole (Ezonium, Abidi Pharmaceutical) 20 mg one capsule every 12 hours, 2- Bismuth subcitrate (Alborz Darou) 120 mg one tablet every 6 hours, 3- Tetracycline (Iran Darou) 250 mg two capsules every 6 hours, 4- Metronidazole (Cosar Pharmaceutical) 500 mg one tablet every 6 hours
Intervention Group 2 :PCAB based dual regimen for 14 consecutive days:1- Vonoprazan (PHORIZE, Abide Pharmaceutical) 20 mg one tablet every 12 hours, 2- Amoxicillin (Cosar Pharmaceutical) 500 mg two tablets every 8 hours
Intervention group 3 : The modified bismuth quadruple regimen for 14 days: 1- Esomeprazole (Ezonium, Abidi Pharmaceutical) 40 mg one capsule every 12 hours, 2- Bismuth subcitrate (Alborz Darou) 120 mg two tablets every 12 hours, 3- Amoxicillin (Cosar Pharmaceutical) 500 mg two tablets every 12 hours, 4- Metronidazole (Cosar Pharmaceutical) 500 mg one tablet every 12 hours

Main outcome variables

Primary outcome: eradication of Helicobacter pylori, defined as negative stool antigen six weeks after completion of treatment

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20200128046294N4**

Registration date: **2025-10-26, 1404/08/04**

Registration timing: **prospective**

Last update: **2025-10-26, 1404/08/04**

Update count: **0**

Registration date

2025-10-26, 1404/08/04

Registrant information

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Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2025-11-06, 1404/08/15

Expected recruitment end date

2026-04-19, 1405/01/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date
empty

Scientific title
Multicenter, Randomized, Allocation-Concealed, Assessor-Blinded Trial of Three H. pylori Eradication Regimens in Iranian Patients

Public title
Clinical trial for Helicobacter pylori eradication regimens

Purpose
Treatment

Inclusion/Exclusion criteria
Inclusion criteria:
 Adult patients (18–60 years old) Indication of H. pylori treatment (Peptic ulcer disease, Marginal zone B-cell lymphoma MALT type, Uninvestigated dyspepsia in patients who are under the age of 60 years, Functional dyspepsia, Adult household members of individuals who have a positive non-serological test for H. pylori, Patients taking long term NSAIDs or starting long-term treatment with aspirin, Patients with unexplained iron deficiency anemia, Patients with idiopathic autoimmune thrombocytopenic purpura, Primary and secondary prevention of gastric adenocarcinoma, Current or history of gastric premalignant conditions, Persons with a first degree relative with gastric cancer, Syndromes associated with an increased risk for gastric cancer, Patients with autoimmune gastritis) Informed consent for participating in the study
Exclusion criteria:
 Prior eradication of h. pylori Taking antibiotics, or bismuth-containing medications within four weeks and proton pump inhibitors (PPIs) within two weeks prior to study entry History of gastric surgery Cancer or severe systemic disease Known sensitivity to drugs used in the treatment protocol Pregnancy breastfeeding

Age
From **18 years** old to **60 years** old

Gender
Both

Phase
3

Groups that have been masked
No information

Sample size
Target sample size: **1230**

Randomization (investigator's opinion)
Randomized

Randomization description
An online system (site) will be designed for this study and implemented on the servers of the Gastroenterology and Liver Research Institute. After reviewing the entry criteria and obtaining informed consent, this system will include patient information and assigning drug package codes. Each physician participating in this project can log in to the site using his or her own code and enter patient information. This system will automatically notify the physician of the specific package number for each patient only after the final registration of the first form of the patient questionnaire. Patients will be assigned to

three treatment regimens in a ratio of 1:1:1 and based on a randomized block method with a block size of 6. The randomization of this study will be designed using R software by an individual independent of the executive team. The generated random sequence will be stored centrally and secretly at the central study site. All medications will be prepared in sealed and coded packages and delivered to the centers. These packages are standardized in terms of appearance, size, color, and shape so that there is no distinction between the packages. In the allocation process, the doctor only receives the package number from the system and delivers the package to the patient without knowing the contents inside. In each package, the method of taking the drugs in the package will be fully mentioned along with the necessary explanations and possible side effects of the drugs. Also, contact numbers will be provided for the patients of the plan to communicate with the treating physician and the central study and consultation team regarding the drugs and their side effects.

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Digestive Disease Research Institute - Tehran University of Medical Sciences

Street address

Digestive Disease Research Institute, Shariati Hospital, Kargar Street, Tehran

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Tehran

Province

Tehran

Postal code

1411713135

Approval date

2025-09-16, 1404/06/25

Ethics committee reference number

IR.TUMS.DDRI.REC.1404.014

Health conditions studied

1

Description of health condition studied

Helicobacter pylori

ICD-10 code

B98.0

ICD-10 code description

Helicobacter pylori [H.pylori] as the cause of diseases classified to other chapters

Primary outcomes

1

Description

Eradication of Helicobacter pylori infection

Timepoint

Time of positive Helicobacter pylori test at the beginning of treatment and eradication test six weeks after completion of the fourteen day treatment period

Method of measurement

Negative H. pylori antigen in stool antigen test or negative Urea breath test

Secondary outcomes

1

Description

Percentage of patients experiencing at least one adverse event during the study

Timepoint

Six weeks after completing the fourteen-day drug treatment

Method of measurement

Structured clinical interview and completion of an adverse event report form with physician

2

Description

Percentage of adherence to each medication

Timepoint

6 weeks after completion of treatment at the final visit

Method of measurement

The patient hands over all of his or her medications during the final visit, and the number of each medication the patient has taken will be recorded on the website.

Intervention groups

1

Description

Intervention Group 1: The optimized bismuth quadruple regimen for 14 days: 1- Esomeprazole (Ezonium, manufactured by Abidi Pharmaceutical Company), 20 mg, one capsule every 12 hours 2- Bismuth subcitrate (manufactured by Alborz Darou Company), 120 mg, one tablet every 6 hours 3- Tetracycline (manufactured by Iran Darou Company), 250 mg, two capsules every 6 hours 4- Metronidazole (manufactured by Cosar Pharmaceutical Company), 500 mg, one tablet every 6 hours

Category

Treatment - Drugs

2

Description

Intervention Group 2 :Potassium-competitive acid blocker (PCAB)-based dual regimen for 14 consecutive days:1- Vonoprazan (PHORIZE, manufactured by Abide Pharmaceutical Co.), 20 mg, one tablet every 12 hours 2- Amoxicillin (manufactured by Cosar Pharmaceutical Co.), 500 mg, two tablets every 8 hours

Category

Treatment - Drugs

3

Description

Intervention group 3 : The modified bismuth quadruple regimen for 14 days: 1- Esomeprazole (Ezonium, produced by Abidi Pharmaceutical Company), 40 mg, one capsule every 12 hours 2- Bismuth subcitrate (produced by Alborz Darou Company), 120 mg, two tablets every 12 hours 3- Amoxicillin (produced by Cosar Pharmaceutical Company), 500 mg, two tablets every 12 hours 4- Metronidazole (produced by Cosar Pharmaceutical Company), 500 mg, one tablet every 12 hours

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center

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Full name of responsible person

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Full name of responsible person

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Recruitment center

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Sponsors / Funding sources

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Tehran University of Medical Sciences

Proportion provided by this source

1

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

2

Sponsor

Name of organization / entity

Dr. Abidi Pharmaceuticals

Full name of responsible person

Afsaneh Mirshahvelayati

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Dr. Abidi Pharmaceuticals

Proportion provided by this source

99

Public or private sector

Private

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Industry

Person responsible for general inquiries

Contact

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Mohammad Mahdi Molaei

Position

Research Assist

Latest degree

Medical doctor

Other areas of specialty/work

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Sharing plan**Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Yes - There is a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

All the data will be published after the study is completed. Individual identifiers will be removed when approval by the scientific team. IPD sharing will be limited to data on primary outcome, secondary outcomes, and demographic information.

When the data will become available and for how long

Access begins: after publication of the original article

To whom data/document is available

Researchers affiliated with universities or non-profit scientific institutions. Researchers in the fields of medicine, epidemiology, public health, and pharmacology

Under which criteria data/document could be used

For independent scientific analyses, systematic reviews or meta-analyses

From where data/document is obtainable

Address: Digestive Diseases Research Center, Digestive Diseases Research Institute, Tehran University of Medical Sciences, Tehran, Iran Email: molaei.mahdi78@gmail.com, anahitasadeghim@gmail.com Phone: 09966993304

What processes are involved for a request to access data/document

The official request has to be sent to the email address provided. The research team will respond within 30 days. If approved, access will be provided under a formal

agreement (MOU).

Comments