

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jun 2026

### The effect of intravenous albumin in mortality and morbidity of intracranial hemorrhage; a randomized clinical trial

#### Protocol summary

##### Summary

The aim of this study was to evaluate the effect of Albumin on hemorrhagic stroke. Through a double blind randomized clinical trial, 60 stroke patients were randomly allocated in two groups. The control group received placebo while the intervention group received Albumin (1 g/kg/7days within 2 hours at any time; dosage form: 50 cc vial of human albumin 20%). Functional outcome were recorded according to NIHSS scales before treatment and at end of the first week and the end of the third month . The results compared between groups.

#### General information

##### Acronym

ACHIEVE

##### IRCT registration information

IRCT registration number: **IRCT201111288240N1**

Registration date: **2012-06-05, 1391/03/16**

Registration timing: **retrospective**

Last update:

Update count: **0**

##### Registration date

2012-06-05, 1391/03/16

##### Registrant information

###### Name

Morteza Oghbaei

###### Name of organization / entity

JondiShapur Ahvaz university of Medical Sciences

###### Country

Iran (Islamic Republic of)

###### Phone

+98 61 1374 3012

###### Email address

oghbaei.m@ajums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

governmental

##### Expected recruitment start date

2011-04-04, 1390/01/15

##### Expected recruitment end date

2011-09-06, 1390/06/15

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

The effect of intravenous albumin in mortality and morbidity of intracranial hemorrhage; a randomized clinical trial

##### Public title

Effect of Albumin in Hemorrhagic Stroke

##### Purpose

Treatment

##### Inclusion/Exclusion criteria

Inclusion Criteria: 1.Primary supratentorial ICH; 2.< 24 hours from symptom onset; 3.Age >18. Exclusion Criteria: 1.ICH volume < 7 cc; 2.Glasgow Coma Scale < 8; 3.Surgical evacuation anticipated; 4.Pregnancy; 5. Breastfeeding; 6.Hemodynamic instability (SBP < 100 mmHg, > 200 mmHg); 7.Current participation in another experimental treatment protocol; 8.Renal impairment with GFR < 30 or Creatinine > 2.0; 9.History of or known allergy to albumin; 10. History of or known severe allergy to rubber latex; 11.Episode/exacerbation of congestive heart failure (CHF) from any cause in the last 6 months. (An episode of congestive heart failure is any heart failure that required a change in medication, diet or hospitalization); 12.Acute myocardial infarction in the last 6 months; 13.Elevated serum troponin level on

admission > 0.1 mcg/L; 14. Known valvular heart disease with CHF in the last 6 months; 15. Known (or in the investigator's judgment) existence of severe aortic stenosis or mitral stenosis; 16. Cardiac surgery involving thoracotomy (e.g., coronary artery bypass graft (CABG), valve replacement surgery) in the last 6 months; 17. Suspicion of aortic dissection on admission; 18. Acute arrhythmia (including any tachy- or bradycardia) with hemodynamic instability on admission (systolic blood pressure < 100 mmHg); 19. Findings on physical examination of any of the following: (1) jugular venous distention (JVP > 4 cm above the sternal angle), (2) 3rd heart sound, (3) resting tachycardia (heart rate > 100/min) attributable to congestive heart failure, (4) abnormal hepatojugular reflux, (5) lower extremity pitting edema attributable to congestive heart failure or without apparent cause, (6) bilateral rales, and/or (7) if a chest x-ray is performed, definite evidence of pulmonary edema, bilateral pleural effusion, or pulmonary vascular redistribution; 20. Current acute or chronic lung disease requiring supplemental chronic or intermittent oxygen therapy; 21. Prosthetic heart valves; 22. Documented left ventricular ejection fraction < 35%.

**Age**

From **18 years** old to **83 years** old

**Gender**

Both

**Phase**

3

**Groups that have been masked**

*No information*

**Sample size**

Target sample size: **60**

**Randomization (investigator's opinion)**

Randomized

**Randomization description****Blinding (investigator's opinion)**

Double blinded

**Blinding description****Placebo**

Used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

JondiShapour Ahvaz University of Medical Sciences

**Street address**

JondiShapour Ahvaz University of Medical Sciences,  
Golestan

**City**

Ahvaz

**Postal code****Approval date**

2011-03-04, 1389/12/13

**Ethics committee reference number**

408/3

**Health conditions studied****1****Description of health condition studied**

hemoragic Stroke

**ICD-10 code**

I61.2

**ICD-10 code description**

Intracerebral haemorrhage in hemisphere, unspecified

**Primary outcomes****1****Description**

Patient Functional Outcome

**Timepoint**

At admission time, after one week and after 3 months

**Method of measurement**

NIHSS

**Secondary outcomes****1****Description**

Morbidity and Mortality

**Timepoint**

At the admision, after one week and 3 month

**Method of measurement**

Registration of mortality

**2****Description**

Drug side effects

**Timepoint**

At the admision, after one week and 3 months

**Method of measurement**

Drug side effects chart

**Intervention groups****1****Description**

20% Vial Human Albumin with total dosage of 1 gram per kilogram Body Weight infusion during 7 days within 2 hours daily

**Category**

Treatment - Drugs

**2****Description**

Placebo Vial as the Same Dose of Albumin  
**Category**  
Placebo

## Recruitment centers

### 1

#### Recruitment center

**Name of recruitment center**

Golestan Hospital

**Full name of responsible person**

Morteza Oghbaei, MD

**Street address**

Neurology Department, Golestan Hospital

**City**

Ahvaz

## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**

JondiShapur Ahvaz university of Medical Sciences

**Full name of responsible person**

Mehdi Norouzi, MD

**Street address**

JondiShapur Ahvaz university of Medical Sciences,  
Golestan

**City**

Ahvaz

**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

JondiShapur Ahvaz university of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

*empty*

**Domestic or foreign origin**

*empty*

**Category of foreign source of funding**

*empty*

**Country of origin****Type of organization providing the funding**

*empty*

## Person responsible for general inquiries

#### Contact

**Name of organization / entity**

JondiShapurAhvaz University of Medical Sciences

**Full name of responsible person**

Morteza Oghbaei, MD

**Position**

Resident of Neurology

**Other areas of specialty/work****Street address**

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## Person responsible for scientific inquiries

#### Contact

**Name of organization / entity**

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**Full name of responsible person**

Seyed Ehsan Mohammadianinejad, MD

**Position**

Asistant of professor

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## Person responsible for updating data

#### Contact

**Name of organization / entity**

JondiShapur Ahvaz University of Medical Sciences

**Full name of responsible person**

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**Position**

Neurology Resident

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## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

*empty*  
**Study Protocol**  
*empty*  
**Statistical Analysis Plan**  
*empty*  
**Informed Consent Form**  
*empty*

**Clinical Study Report**  
*empty*  
**Analytic Code**  
*empty*  
**Data Dictionary**  
*empty*