Clinical Trial Protocol
Iranian Registry of Clinical Trials

07 Nov 2026

Comparing the effect of pharmacotherapy and hypnotherapy with pharmacotherapy on quality of life and symptoms of irritable bowel syndrome patients

Protocol summary

Summary

The aim of the present study is to determine the impact of hypnotherapy alongside pharmacotherapy with pharmacotherapy alone on quality of life and symptoms of irritable bowel syndrome patients.This is a clinical trial study in which 34 patients will select using Rome-III criteria.Inclusion criteria will include of diagnostic irritable bowel syndrome base on Rome-III criteria and participate of volunteere in the project and exclusion criteria will include history of receiving psychotherapy during 6 mounts ago and irritable bowel syndrome with constipation and mix predominance. ptients will randomly divided into two groups of 17 patients.The first group underwent hypnotherapy alongside pharmacotherapy.The second group receive pharmacotherapy alone.The quality of life (QOL-IBS) and Bowel Symptom Severity and Frequency (BSS-FS)will assessment for both groups befor and after therapeutic intervention.Patients will follow-up for a peiod of 6 month after the intervention.

General information

Acronym

Efficacy of hypnotherapy with pharmacotherapy and pharmacotherapy on quality of life and symptoms

IRCT registration information

IRCT registration number: **IRCT201210268253N2**
Registration date: **2012-12-09, 1391/09/19**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2012-12-09, 1391/09/19

Registrant information

Name

Sayed Kamal Solati

Name of organization / entity

Shahrekord University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 38133338157

Email address

kamal_solati@yahoo.com

Recruitment status

Recruitment complete

Funding source

Shahrekord University of Medical Sciences

Expected recruitment start date

2012-07-05, 1391/04/15

Expected recruitment end date

2012-09-05, 1391/06/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparing the effect of pharmacotherapy and hypnotherapy with pharmacotherapy on quality of life and symptoms of irritable bowel syndrome patients

Public title

The effecacy hypnotherapy on treatment of irritable bowel syndrome

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: The presence of diagnostic irritable bowel syndrome base on Rome-III criteria; Participate of

volunteered in the project;The minimum level of literacy in primary. Exclusion criteria: The presence of organic damage and cognitive dysfunctions such as dementia and mental retardation;The presence of history of receiving psychotherapy during 6 mounts ago;Irritable bowel syndrome with constipation and mix predominance.

Age
No age limit

Gender
Both

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: **34**

Randomization (investigator's opinion)
Randomized

Randomization description

Blinding (investigator's opinion)
Single blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee
Shahrekord University of Medical Sciences

Street address
Shahrekord University of Medical Sciences,Kashani street,Shahrekord

City
Shahrekord

Postal code
8815713471

Approval date
2012-05-21, 1391/03/01

Ethics committee reference number
91-3-1

2

Ethics committee

Name of ethics committee
Shahrekord University of Medical Sciences

Street address
Shahrekord University of Medical Sciences,Kashani street,Shahrekord

City
Shahrekord

Postal code
8815713471

Approval date
2012-08-20, 1391/05/30

Ethics committee reference number
1-3-91

Health conditions studied

1

Description of health condition studied
سندرم روده تحریک پذیر

ICD-10 code
K58

ICD-10 code description
Irritable bowel syndrome

Primary outcomes

1

Description
Quality of Life

Timepoint
before of intervention,after of intervention and after 6 intervention (follow-up)

Method of measurement
Quality of life test

2

Description
Bowel symptoms of severity and frequency

Timepoint
before of intervention,after of intervention and after 6 intervention (follow-up)

Method of measurement
Bowel symptoms of severity and frequency scale

Secondary outcomes

empty

Intervention groups

1

Description
Intervention group: Hypnotherapy with Pharmacotherapy. In this group,patients will underwent for 5 hypnotherapy session,in addition to current pharmacotherapy.

Category
Treatment - Other

2

Description
Control group: Pharmacotherapy. This group will underwent current pharmacotherapy alone.

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center
Name of recruitment center
Psychiatry ward,Hajar hospital,Parastar Street,Shahrekord,Iran
Full name of responsible person
Sayed Kamal Solati
Street address
Psychiatry ward,Hajar hospital,Parastar Street,Shahrekord,Iran
City
Shahrekord

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Shahrekord University of Medical Sciences
Full name of responsible person
Sayed Kamal Solati
Street address
Psychiatry Ward,Hajar Hospital,Parastar Street,Shahrekord,Iran
City
Shahrekord
Grant name
91-3-1
Grant code / Reference number
91-3-1
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Shahrekord University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
Name of organization / entity
Shahrekord University of Medical Sciences
Full name of responsible person
Sayed Kamal Solati
Position
PhD in Psychology,Assistant Professor
Other areas of specialty/work
Street address
Psychiatry Ward,Hajar hospital,Parastar Street,Shahrekord,Iran
City
Shahrekord
Postal code
8815713471
Phone
+98 38 1222 0016
Fax
+98 38 1224 3715
Email
kamal_solati@yahoo.com
Web page address
www.skums.ac.ir

Person responsible for scientific inquiries

Contact
Name of organization / entity
Shahrekord University of Medical Sciences
Full name of responsible person
Sayed Kamal Solati
Position
PhD in Psychology,Assistant Professor
Other areas of specialty/work
Street address
Psychiatry Ward,Hajar Hospital,Parastar Street,Shahrekord,Iran
City
Shahrekord
Postal code
8815713471
Phone
+98 38 1222 0016
Fax
+98 38 1224 3715
Email
kamal_solati@yahoo.com
Web page address
www.skums.ac.ir

Person responsible for updating data

Contact
Name of organization / entity
Shahrekord University of Medical Sciences
Full name of responsible person
Sayed Kamal Solati
Position
PhD in Psychology,Assisstant Professor
Other areas of specialty/work
Street address
Psychiatry Ward,Hajar hospital,Parastar Street,Shahrekord,Iran
City
Shahrekord
Postal code
00983812220016
Phone

+98 38 1222 0016

Fax

+98 22 43715

Email

kamal_solati@yahoo.com

Web page address

www.skums.ac.ir

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty