

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

Comparison of cinnarizine and topiramate in migraine prophylaxis

Protocol summary

Summary

Migraine is one of the most common paroxysmal headaches which can disable patients. In this study, we are going to compare the efficacy of cinnarizine (25 mg twice a day) versus topiramate (25 mg twice a day) in migraine prophylaxis. In this clinical trial 126 migrainours (according to the International Headache Criteria) who referred to neurology clinic of Emam Reza hospital of Kermanshah, will be randomly allocated into one of the two above mentioned groups. We will visit the patients every 4 weeks up to 12 weeks. Severity, duration and frequency of headache, amount of analgesic use and side effects of the drugs will be compared between groups.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201201028323N5**
Registration date: **2012-01-10, 1390/10/20**
Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2012-01-10, 1390/10/20

Registrant information

Name

Nazanin Razazian

Name of organization / entity

Neurology Department of Kermanshah Faculty of Medicine

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Recruitment status

Recruitment complete

Funding source

Vice-chancellor for research, Kermanshah University of Medical Sciences and Health Services

Expected recruitment start date

2011-10-23, 1390/08/01

Expected recruitment end date

2012-04-20, 1391/02/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparison of cinnarizine and topiramate in migraine prophylaxis

Public title

Comparison of cinnarizine and topiramate in migraine prophylaxis

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: more than 4 and less than 10 attacks monthly ; interval between attacks more than 48 hours ; age at the onset of headache less than 50 years ; age 18-65 years ; not being pregnant or breast feeding ; discontinuation of other prophylactic drugs one month prior to the study Exclusion criteria: non-migraine headaches ; overuse of medications in migraine attacks (consumption of NSAID, Ergots or Triptans more than 8 days a month) ; substance and alcohol abuse ; illiteracy of patients and their family (unable to fill diaries)

Age

From **18 years** old to **65 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 126

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Double blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Kermanshah University of Medical Sciences and Health Services, Ethics Committee

Street address

Shahid Beheshti Boulevard, Kermanshah

City

Kermanshah

Postal code

Approval date

2011-10-26, 1390/08/04

Ethics committee reference number

7/420/30525/پ

Health conditions studied

1

Description of health condition studied

Common migraine

ICD-10 code

G43.0

ICD-10 code description

Migraine without aura [common migraine]

2

Description of health condition studied

Classical migraine

ICD-10 code

G43.1

ICD-10 code description

Migraine with aura [classical migraine]

Primary outcomes

1

Description

Severity of headache

Timepoint

in each migraine attack

Method of measurement

patient will record the headache severity in daily notes as VAS (from 1 to 10) & physician registers them every 4 weeks

2

Description

Duration of migraine attack

Timepoint

in each migraine attack

Method of measurement

patient records the hours of headache in each attack , physician register them every 4 weeks

3

Description

Headache frequency

Timepoint

every 4 week

Method of measurement

According to patients daily notes

4

Description

Analgesic use

Timepoint

every 4 week

Method of measurement

According to patients daily notes

Secondary outcomes

1

Description

Clinical side effects

Timepoint

every 4 weeks

Method of measurement

According to patients daily notes

Intervention groups

1

Description

Cinnarizine tablet 25 mg twice a day orally, for 12 weeks

Category

Treatment - Drugs

2

Description

Topiramate tablets 25 mg twice a day orally, for 12

weeks
Category
Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center
Emam Reza Hospital of Kermanshah
Full name of responsible person
Dr. Nazanin Razazian
Street address
Sorkhelijeh, Kermanshah
City
Kermanshah

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Vice-chancellor for research, Kermanshah University of Medical Sciences and Health Services
Full name of responsible person
Dr. Farid Najafi
Street address
Shahid Beheshti boulevard, Kermanshah
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Kermanshah
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Vice-chancellor for research, Kermanshah University of Medical Sciences and Health Services
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Person responsible for scientific inquiries

Contact

Name of organization / entity
Neurology Department of Kermanshah Faculty of Medicine
Full name of responsible person
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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty