

Clinical Trial Protocol

Iranian Registry of Clinical Trials

27 May 2026

Evaluating the effect of L-carnitine on CK-MB and troponin T value following coronary artery bypass grafting (CABG) surgery

Protocol summary

Summary

The goal of this randomized clinical trial is evaluation of the impacts of L-carnitine on the prevention of postoperative atrial fibrillation following coronary artery bypass grafting (CABG) surgery. One of the most common adverse effects after CABG surgery is atrial fibrillation (AF) which occurs to 15% to 40% of the patients. AF causes pump failure and ventricular filling dysfunction, so prevention of AF has a great effect on reducing the mortality of patients. L-carnitine has the ability to transport the long-chain fatty acids from cytoplasm to mitochondria where the oxidative metabolism produces ATP for myocardia. One hundred patients were randomly placed in two groups of 50 people (intervention and control group). The first group of patients will receive 3 g L - carnitine (1 g every 8 hours) for 2 days before and after surgery. The next group will not receive the drug. In both groups, blood samples are collected and CK-MB and Troponin T (as baseline level before surgery and 8 and 24 hours after surgery) will be measured.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201404268698N13**

Registration date: **2014-06-12, 1393/03/22**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2014-06-12, 1393/03/22

Registrant information

Name

Azita Hajhossein Talasaz

Name of organization / entity

Department of Clinical Pharmacy, Faculty of Pharmacy, Tehran University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 66954709

Email address

atalasaz@razi.tums.ac.ir

Recruitment status

Recruitment complete

Funding source

Tehran University of Medical Sciences

Expected recruitment start date

2013-08-01, 1392/05/10

Expected recruitment end date

2014-08-01, 1393/05/10

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Evaluating the effect of L-carnitine on CK-MB and troponin T value following coronary artery bypass grafting (CABG) surgery

Public title

Evaluating the effect of L-carnitine on CK-MB and troponin T value following coronary artery bypass grafting (CABG) surgery

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: The patients who candidate for Coronary artery bypass graft surgery in Tehran Heart center are selected by simple randomised method; There are not any limitations for age; and sex in this study.

Exclusion criteria: Valvular surgery; History of supraventricular arrhythmia; History of seizure; History of hypersensitivity reaction to L-carnitine; Chronic liver failure (Liver enzymes more than 3 times of ULN); Chronic kidney disease (Stage IV & V); Hypothyroidism; Use of Magnesium, NSAIDs and Antiarrhythmic medication, history of myocardial infarction within 1 month of hospitalization

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **100**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Double blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Tehran Heart Center

Street address

Jalal Ale Ahmad, North Karegar

City

Tehran

Postal code

Approval date

2012-08-13, 1391/05/23

Ethics committee reference number

567

Health conditions studied

1

Description of health condition studied

Atherosclerotic heart disease

ICD-10 code

I25.1

ICD-10 code description

Atherosclerotic heart disease

Primary outcomes

1

Description

Atrial fibrillation

Timepoint

5 days post CABG surgery

Method of measurement

ECG, CK-MB

Secondary outcomes

1

Description

Atrial fibrillation

Timepoint

5 days post CABG surgery

Method of measurement

Troponin T

Intervention groups

1

Description

Intervention group: administration of L-carnitine, 1 g oral solution vial, 3 times a day (TDS) every 8 hours, duration of intervention is 4 days (from 48 hours before surgery until 48 hours after it)

Category

Treatment - Drugs

2

Description

Control group: This group does not receive any interventions

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Tehran heart center

Full name of responsible person

Street address

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Tehran university of medical sciences

Full name of responsible person

Fatemeh Saeidi

Street address

Keshaverz Blv, Qods St, Tehran university of medical sciences, Research deputy

City

Tehran

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Tehran university of medical sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

empty

Person responsible for general inquiries**Contact****Name of organization / entity**

Tehran University of Medical Sciences

Full name of responsible person

Azita Hajhossein Talasaz

Position

Assistant professor, Clinical pharmacy specialist

Other areas of specialty/work**Street address**

Enghelab St., 16 Azar St., Faculty of pharmacy, Tehran university of medical sciences

City

Tehran

Postal code**Phone**

+98 21 6695 4709

Fax**Email**

atalasaz@razi.tums.ac.ir

Web page address**Person responsible for scientific inquiries****Contact****Name of organization / entity**

Tehran University of Medical Sciences

Full name of responsible person

Azita Hajhossein Talasaz

Position

Assistant professor, Clinical pharmacy specialist

Other areas of specialty/work**Street address**

Enghelab St., 16 Azar St., Faculty of pharmacy, Tehran university of medical sciences

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Postal code**Phone**

+98 21 6695 4709

Fax**Email**

atalasaz@razi.tums.ac.ir

Web page address**Person responsible for updating data****Contact****Name of organization / entity**

Tehran university of medical sciences

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Azita Hajhossein Talasaz

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Fax**Email**

atalasaz@razi.tums.ac.ir

Web page address**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty