Clinical Trial Protocol
Iranian Registry of Clinical Trials

18 Sep 2026

A clinical trial for comparison of reducing conduct disorder symptoms by spiritual psychotherapy package in adolescents with conduct disorder

Protocol summary

Summary

This study is conducted to design an interventional package of spiritual psychotherapy for adolescents with conduct disorder, and investigating its validity and effectiveness and its implementation in a randomized clinical trial with a control group . In the first step , spiritual psychotherapy package is designed for adolescents with conduct disorder and its face and content validity is assessed . Then a preliminary study for 6 adolescents with conduct disorder is performed. In the second step, clinical trial is administered in the reformation and training center, so 60 adolescents aged 12 to 17 years that received conduct disorder diagnosis based on DSM-IV diagnostic criteria, are randomly assigned to the experimental or the control group and spiritual psychotherapy package is performed in 20 one-hour group sessions , two sessions per week , for the experimental group . the K-SADS-PL questionnaire is completed in both experimental and control groups in before and after intervention and 6 month after it, and findings is compared in these 3 stages between both groups.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201310139127N2**
Registration date: **2013-11-10, 1392/08/19**
Registration timing: **prospective**

Last update:
Update count: **0**

Registration date

2013-11-10, 1392/08/19

Registrant information

Name

Maryam Salmanian

Name of organization / entity

Tehran University of medical sciences, psychiatry and psychology research center

Country

Iran (Islamic Republic of)

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Email address

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Recruitment status

Recruitment complete

Funding source

state

Expected recruitment start date

2014-11-22, 1393/09/01

Expected recruitment end date

2015-08-23, 1394/06/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

A clinical trial for comparison of reducing conduct disorder symptoms by spiritual psychotherapy package in adolescents with conduct disorder

Public title

Designing, implementing and evaluating the effectiveness of spiritual psychotherapy package for adolescents with conduct disorder: a randomized clinical trial

Purpose

Treatment

Inclusion/Exclusion criteria

1. the age range of participants between 12 to 17. 2. Receiving conduct disorder diagnosis based on

diagnostic criteria of DSM IV 3. do not have comorbid disorders such as learning disabilities, and substance abuse 4. not using psychiatric medications 5. Obtaining informed consent from the participants and their families to participate in the research

Age

From **12 years** old to **17 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **60**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Tehran University of Medical Sciences

Street address

Qods street, Keshavarz Bolvar, Tehran

City

Tehran

Postal code

Approval date

2013-05-26, 1392/03/05

Ethics committee reference number

92-02-44-22220

Health conditions studied

1

Description of health condition studied

conduct disorder

ICD-10 code

F91

ICD-10 code description

Conduct disorders

Primary outcomes

1

Description

conduct disorder symptoms

Timepoint

before and after intervention and 6 month after it

Method of measurement

K-SADS-PL questionnaire

Secondary outcomes

empty

Intervention groups

1

Description

Intervention Group: spiritual psychotherapy package is performed in 20 one-hour group sessions , two sessions per week , for the experimental group consists of five groups with six individuals with conduct disorder by a proficient spiritual psychotherapist.

Category

Behavior

2

Description

Control group: 30 adolescents with conduct disorder who randomly assigned in control group, do not receive the intervention, it means that they do not receive spiritual psychotherapy package.

Category

Behavior

Recruitment centers

1

Recruitment center

Name of recruitment center

Reforming and training center in Tehran province

Full name of responsible person

Street address

City

Tehran

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Tehran Uuniversity of Medical Sciences

Full name of responsible person

Esmat Karimi

Street address

Qods street, Keshavarz Bolvar, Tehran

City

Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Tehran Uuniversity of Medical Sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

maryam salmanian

Position

PhD by research student

Other areas of specialty/work

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Person responsible for scientific inquiries

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Full name of responsible person

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty