Clinical Trial Protocol
Iranian Registry of Clinical Trials

09 Nov 2026

Evaluation of Community-based Relapse Prevention effects on Abstinence-based and Spiritual-based Recovered Addicts Retention

Protocol summary

Summary
This study investigated effects of Community-Based Relapse Prevention intervention on opiate-dependences' retention. Seventy-one admitted male opiate-dependents in short-term residential abstinence-based treatment centers who lived in communities participated in a trial. Community-Based Relapse Prevention intervention was implemented in seven communities in two cities of Iran, Tehran and Karaj from 22 November 2010 to 18 March 2011. Thirty-six relapse prevention projects implemented by teams in 7 communities for case group. Case and control groups were followed up 45 and 90 days after discharge.

General information

Acronym
CBRP
IRCT registration information
IRCT registration number: **IRCT201204099419N1**
Registration date: **2012-05-26, 1391/03/06**
Registration timing: **retrospective**

Last update:
Update count: **0**
Registration date
2012-05-26, 1391/03/06

Registrant information
Name
Masoomeh Maarefvand
Name of organization / entity
University of Social Welfare and Rehabilitation Sciences
Country
Iran (Islamic Republic of)
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arammaref@gmail.com

Recruitment status
Recruitment complete
Funding source
Universoty of Social Welfare and Rehabilitation Sciences

Expected recruitment start date
2010-11-22, 1389/09/01
Expected recruitment end date
2010-12-06, 1389/09/15
Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty

Scientific title
Evaluation of Community-based Relapse Prevention effects on Abstinence-based and Spiritual-based Recovered Addicts Retention

Public title
Community Based Relapse Prevention
Purpose
Prevention
Inclusion/Exclusion criteria
Inclusion criteria: Being an opiate abuser as the main reason of seeking a treatment; residing in the community; being voluntarily willing to participate in the study. Exclusion criteria: The homeless people; those who were not living in the community; participants who did not pass twenty eight days abstinence successfully (according to the short-term residential treatment program, adopted and approved by Welfare Organization on Iran in 2007)
Age
From **20 years** old to **55 years** old
Gender
Male

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **71**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
University of Social Welfare and Rehabilitation Sciences
Street address
Koodakyar St., Evin
City
Tehran
Postal code
Approval date
2010-05-26, 1389/03/05
Ethics committee reference number
801/2/1/891

Health conditions studied

1

Description of health condition studied
Mental and behavioural disorders due to use of opioids
ICD-10 code
F11
ICD-10 code description

Primary outcomes

1

Description
Retention Rate
Timepoint
45 and 90 days after discharge
Method of measurement
Negative Drug Test by Biosensor

Secondary outcomes

empty

Intervention groups

1

Description
Control group received treatment as usual in short term abstinence based residential care centers according to approved protocol by Welfare Organization.
Category
Rehabilitation

2

Description
Intervention group received treatment as usual in short term abstinence based residential care centers according to approved protocol by Welfare Organization of Iran as well as community based intervention in their communities.
Category
Prevention

Recruitment centers

1

Recruitment center
Name of recruitment center
Short Term Abstinence Based Residential Care Centers
Full name of responsible person
Street address
City
Tehran and Karaj

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
University of Social Welfare and Rehabilitation Sciences
Full name of responsible person
Masoomeh Maarefvand
Street address
Koodakyar St., Evin
City
Tehran
Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
University of Social Welfare and Rehabilitation Sciences
Proportion provided by this source
100

Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty