

Clinical Trial Protocol

Iranian Registry of Clinical Trials

02 Jul 2026

Evaluation of Community-based Relapse Prevention effects on Abstinence-based and Spiritual-based Recovered Addicts Retention

Protocol summary

Summary

This study investigated effects of Community-Based Relapse Prevention intervention on opiate-dependences' retention. Seventy-one admitted male opiate-dependents in short-term residential abstinence-based treatment centers who lived in communities participated in a trial. Community-Based Relapse Prevention intervention was implemented in seven communities in two cities of Iran, Tehran and Karaj from 22 November 2010 to 18 March 2011. Thirty-six relapse prevention projects implemented by teams in 7 communities for case group. Case and control groups were followed up 45 and 90 days after discharge.

General information

Acronym

CBRP

IRCT registration information

IRCT registration number: **IRCT201204099419N1**

Registration date: **2012-05-26, 1391/03/06**

Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2012-05-26, 1391/03/06

Registrant information

Name

Masoomah Maarefvand

Name of organization / entity

University of Social Welfare and Rehabilitation Sciences

Country

Iran (Islamic Republic of)

Phone

+98 21 2218 0035

Email address

arammaref@gmail.com

Recruitment status

Recruitment complete

Funding source

University of Social Welfare and Rehabilitation Sciences

Expected recruitment start date

2010-11-22, 1389/09/01

Expected recruitment end date

2010-12-06, 1389/09/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Evaluation of Community-based Relapse Prevention effects on Abstinence-based and Spiritual-based Recovered Addicts Retention

Public title

Community Based Relapse Prevention

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria: Being an opiate abuser as the main reason of seeking a treatment; residing in the community; being voluntarily willing to participate in the study. Exclusion criteria: The homeless people; those who were not living in the community; participants who did not pass twenty eight days abstinence successfully (according to the short-term residential treatment program, adopted and approved by Welfare Organization on Iran in 2007)

Age

From **20 years** old to **55 years** old

Gender

Male

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 71

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

University of Social Welfare and Rehabilitation
Sciences

Street address

Koodakyar St., Evin

City

Tehran

Postal code

Approval date

2010-05-26, 1389/03/05

Ethics committee reference number

801/2/1/891

Health conditions studied

1

Description of health condition studied

Mental and behavioural disorders due to use of opioids

ICD-10 code

F11

ICD-10 code description

Primary outcomes

1

Description

Retention Rate

Timepoint

45 and 90 days after discharge

Method of measurement

Negative Drug Test by Biosensor

Secondary outcomes

empty

Intervention groups

1

Description

Control group received treatment as usual in short term abstinence based residential care centers according to approved protocol by Welfare Organization.

Category

Rehabilitation

2

Description

Intervention group received treatment as usual in short term abstinence based residential care centers according to approved protocol by Welfare Organization of Iran as well as community based intervention in their communities.

Category

Prevention

Recruitment centers

1

Recruitment center

Name of recruitment center

Short Term Abstinence Based Residential Care
Centers

Full name of responsible person

Street address

City

Tehran and Karaj

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

University of Social Welfare and Rehabilitation
Sciences

Full name of responsible person

Masoomah Maarefvand

Street address

Koodakyar St., Evin

City

Tehran

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

University of Social Welfare and Rehabilitation Sciences

Proportion provided by this source

100

Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty